

We Need Your Voice

Parenting a child with a mental health issues can be a challenge. The coordinating of services and finding your way through the mental health maze can at times be frustrating and exhausting.

The Local Advisory Council invites you to be a part of shaping services offered to children and families in Clay County. **Your voice is needed** as together we work to build a children's mental health system that is responsive to the needs of children.

Participating in the council provides you with an opportunity to share your experiences and work together with county social services and mental health providers to bring about awareness of children's mental health needs.

Local Advisory Council for Children's Mental Health (LAC) Contact Information

The LAC meets on the first Thursday of every month (September—May) from 8:30-10:00 a.m. at Family Service Center, 715 11 St N, Moorhead



Local Advisory Council for Children's Mental Health

Clay County Social Services
Family Service Center
715 North 11th Street
Moorhead, Minnesota 56560
Contact person: Carolyn Strnad, 218-443-3916,
coordinator@claycountycollaborative.org

Local Advisory Council for



Children's Mental Health (LAC)

*Different Packaging
Same Feelings.*

Mission Statement:

"To promote an accessible, comprehensive and unified mental health delivery system within Clay County."

About Us

The Children's Mental Health Act of 1989 requires counties to establish a local mental health advisory council. The purpose of the act was to create a system of mental health services for all children that would be flexible enough to respond to their individual needs.

The vision of the Act mandates *"the creation of a unified, accountable, comprehensive children's mental health service delivery system"*

The Clay County Local Advisory Council for Children's Mental Health was established in 1990.

The LAC is made up of parents of children with emotional disturbances, mental health providers, county representatives and consumers of mental health services.

Duties of the Local Advisory Council

- Seek input from parents, consumers, providers and others about the needs of children with emotional disturbances in the county
- Review, evaluate and make recommendations concerning the local children's mental health system
- Seek input regarding services needed by families with children with mental health issues
- Report annually to the Clay County Commissioners regarding the unmet needs of the mental health services in the county



What can the LAC do for your family?

We are your voice in the county when it comes to your concerns regarding the services available and the delivery of those services for your child. Parents members of the LAC are just like you, going through the same issues and concerns.

We;

- Sponsor educational events,
- Host annual May Mental Health Awareness Month activities.
- Identify resources for families and
- Address barriers to accessing those services.