



**Clay County Local Advisory Council for Children's Mental Health**  
**Thursday January 5, 8:30 am – 10:00 am**  
**Family Service Center 1<sup>st</sup> floor room 4**

*"To promote an accessible, comprehensive and a unified children's mental health system within Clay County."*

**Members Present:** Michelle Thordal, Clay County Social Services; Joni Medenwald, The Village; Paul Krabbenhoft, Clay County Commissioner; Mary Mahar DGF Schools; Janelle Cheney, Clay County Probation, Lindsey Ternes, Clay County Probation; Tori Gregerson school-based supervisor at Solutions; Josh Swanson, West Central Juvenile Center; Haley Heinen, Friends of the Children; Laurie Boeshans, Hawley High School counselor; Lanette Gorder, Clay County Collaborative; Terri Bush, Clay County Public Health; Michelle Mullens, Lakeland Mental Health Center; Danette Narum, Solutions;

1. One Good Thing!
2. Approval of December meeting minutes. M: Lori S: Janelle; Approved
3. Treasurer's Report: Fund balance: \$3961.07
4. Old Business:
  - The YLC is looking for a February date to speak about their experience in foster care and what they want professionals to know. More to come as dates & audience is determined
5. New Business:
  - Survey
    - Add how long it will take to complete and/or how many questions are on the survey
    - The team likes the idea of having the questions printed to show how short the survey is, and it would maybe encourage more to click the QR code
    - Survey will be open after February's LAC meeting and end March 31<sup>st</sup>
      - i. Report to board with the survey results is the first meeting in May
    - Joni/Michelle will add the zip code to the survey to help identify need areas around topics
    - Joni will make a flyer with survey information & make a QR code
    - Reviewed contacts for survey distribution:
      - i. Moorhead school district:
        1. Duane Borgeson:
          - a. Confirmed they will send out survey school wide
      - ii. DGF school district:
        1. Contact: Mrs. Shelley Cervantes
          - a. Mary will start and email with Michelle & Shelley to get the ball rolling

- b. Will send Mary the survey so she can determine who to contact at DGF
- iii. Ulen-Hitterdal Public Schools:
  - 1. Contact: Dustin Flaten
    - a. Confirmed they will send out school wide
- iv. Hawley Public Schools:
  - 1. Contact: Laurie Boeshans
    - a. Confirmed they will send out school wide
- v. Barnsville
  - 1. Michelle will reach out to Erin Ellingson
- vi. Probsfield:
  - 1. Contact: school counselor is Lauren Siebels
    - a. Covered by Duane agreeing to do school wide
- vii. West Central Juvenile Center:
  - 1. Contact: Josh Swanson
    - a. Confirmed they will send out to families/youth
- viii. Restorative Justice:
  - 1. Contact: Alex Menke or Michelle Carney
    - a. Haley will reach out
- ix. Clay County Probation officers (adult & child):
  - 1. Contact: Lindsey Ternes
    - a. Confirmed they will send out to families/youth
- x. Private schools in Clay County:
  - 1. Contact:
    - a. Haley will reach out to Park Christian
    - b. Lacey will reach out to St. Joes
- xi. Home school networks (they have a local newsletter - FMCHE (Fargo, Moorhead, Catholic Home Educators)):
  - 1. Contact: none identified
    - a. Michelle will see if Duane has any contact info for the newsletter or if these children/families will get it through the Moorhead Public Schools email list-serv
- xii. Women Infant Children (WIC)
  - 1. Terri will contact Sue at WIC
- xiii. Clay County Collaborative website
  - 1. Lanette will connect with Carolyn to add the link/OR code to the website
  - 2. ACE's Community Conversation in April and could offer QR code there for participants to fill out
- xiv. Head Start:
  - 1. Contact: Lori Schwartz
    - a. Michelle will reach out to Lori
- xv. Churches United
  - 1. Contact: Michelle will email Paster Sue

- xvi. Public places:
  - 1. Clay County Social Service Building – put up questions with QR code to click on
    - a. Put up on the bathroom stall doors – Joe would be the contact – Michelle will follow up
  - 2. Local Churches across the County
  - 3. REACH
    - a. Joni will have provider put up a flyer
- xvii. Kids Source
  - 1. Put an ad out with the QR code
  - 2. Lanette will ask Carolyn for the contact

#### Clay County website

- Contact: Mark Sloan
- Michelle will find the contact of who updates the webpage and get herself listed as the contact person for the LAC

#### **Agency Reports/Consumer reports**

Social Services: The teams are fully staff, continuing to look for placements at residential facilities

The Village: Waitlist isn't bad unless looking for a specialty service or specific provider, starting a Love & Logic group

Public Health – The nursing director is retiring and they are splitting the job between maternal child health and adult health so will be hiring for both. Adult health has openings for 3 more nurses, maternal child health has 2 openings, looking for referrals

DGF schools – Students are transitioning back after break

Clay County Probation – The team shifted a juvenile agent (Matt) to the adult felony probation team due to need, seeing a rise in adult sexual offenses and felony offenses, Lindsey and Crystal are the juvenile agents, Lindsay covering students at career Academy, Crystal covering the high school and other rural schools, 148 referrals to restorative justice in 2022 which is good because it defers from probation but the result is cases that are on probation are higher needs juveniles

Solutions – Need for having therapy in the school has increased since last year, hiring another school based provider, recently hired an adult provider, waitlist is within a few weeks for state funded insurance, Jill McMullen does medication management and is scheduling out about 3 months, Dr. Meek – new psychiatrist all telehealth (8 hours/wk) from 5pm to 9pm doing older adolescents and adults and is building a caseload, crisis appointments are available but not being utilized fully - have 3 available appointments per week and have had 3-4 over the whole month, crisis appointment is a same day appt, just call the agency to get the appointment – say “I’m struggling with suicidal ideation and need to talk to someone” or ask for a “crisis

appointment” – can be existing client or not – can be child/adolescent and/or adult, will not do just individual CTSS skills with a client consistently, want to do family skills to reach the entire family – waitlist is deep right now for skills

YLC – Working on organizing the Foster Care Day on the Hill in early March to advocate for change in foster care, for youth to be on the YLC need to be 14+ years old

Friends of the Children – Youth mentorship program started in F/M in 2019 but has been around nationwide longer, kids work with their mentor 2 hours in school/wk and 2 hours out of school each week, kids must be enrolled between ages 4-6 years and they are guaranteed a mentor through high school, currently have 8 mentors on staff and 50 kids enrolled, looking to hire 1 more mentor, each mentor has 8 kids/families, use a 2 generation model with each child/family they serve, have a waitlist right now but working through it

Hawley public schools – Kids are transitioning back after winter break this week, seeing increases in anxiety with the return, utilizing Source of Strength which is an evidence-based model that trains kids on their strengths – is a suicide prevention program at its core – have a core group of kids identified who are going to be trained on the model and will do projects and campaigns to spread it out to the student body

Clay County Collaborative – Working on setting up an ACE community conversation, C-tech is starting to work on their transition expo for older transiting kids who will be in the workforce (age 16), planning for this to happen in 2024, a new workgroup has started called Collaborative Partners which is a combination of the children’s mental health, school aged disability and wraparound workgroups, they looking for new members

Lakeland Mental Health Center – Do a lot of individual CTSS skills (social skills, working on anxiety/depression skills), also do family skills, have emergency slots daily M-F, Dr Lavelle and two providers left, children waitlist for CTSS case management is short – send referrals to Jeremy Pratschner

Professionals Survey:

[https://docs.google.com/forms/d/e/1FAIpQLSfGWYT3xQ5Ik\\_BrIAK8TSvhQKz3UP073IMlgFPeECIGSIXUfw/viewform?vc=0&c=0&w=1&flr=0](https://docs.google.com/forms/d/e/1FAIpQLSfGWYT3xQ5Ik_BrIAK8TSvhQKz3UP073IMlgFPeECIGSIXUfw/viewform?vc=0&c=0&w=1&flr=0)

Caregiver Survey:

<https://docs.google.com/forms/d/e/1FAIpQLSe0rOzqVfamUiFVff7j2Ad4NVk4Myz7LlxNyZyvHk6P-eAXzQ/viewform?vc=0&c=0&w=1&flr=0>

Caregiver QR code for survey

