

Clay County Local Advisory Council for Children's Mental Health
Thursday June 1, 8:30 am – 10:00 am
Family Service Center 1st floor Room 4

"To promote an accessible, comprehensive and a unified children's mental health system within Clay County."

Members Present: Joni Medenwald, The Village; Michelle Thordal, Clay County Social Services; Lindsey Ternes, Clay County Probation; Michelle Mullikin, LMHC case management; Barb Mohs, LMHC case management; Janelle Cheney, Clay County Probation; Alex Menke, Restorative Practice Coordinator for Clay County Attorney's Office; Danette Narum, Solutions; Alissa Betta, CAP-LP Head Start; Alyssa Lansing, LMHC case management; Jennifer Hovde, Clay County Social Services; Haley Heinen, Friends of the Children;

1. Introductions and One Good Thing!

2. Approval of May meeting minutes.

- Motion: Alex Second: Michelle M. Approved by all

3. Treasurer's Report: Fund balance currently is \$3932.90, will be reduced once the invoice for the billboard comes in.

4. New Business:

a. Review recommendations from 2022/2023 LAC report

i. Rule 79 Case Management wait time:

ii. Three agencies in town offer Rule 79 case management.

1. Solutions: cap for straight MA clients is 25; average wait is 4-6 weeks, have 12 case managers

2. LMHC: cap for straight MA clients is 25; have a fast-track option (Jeremy Pratschner); average wait time is about 4 weeks, have 8 case managers total.

3. Access of the Red River Valley; have 2 case managers, their straight MA cap is less as they have fewer cm's.

iii. Caseload per CM is about 15-18 clients for kids.

iv. The cap on straight MA cases is associated with the County's financial share per case.

v. Discussed potential need to educate professionals and clients regarding the possible timeline to get engaged in services.

vi. Discussed the need to get a service connection quickly when discharging from a hospital.

1. Discussed inviting a community liaison from PSJ to the collaborative (Kara Kluvers & Josh Saylor)

b. Need for more mental health providers (psychiatry, therapists, pediatric providers)

i. The group discussed the need for adolescent alcohol & drug services.

ii. Potentially ask someone from the county who does the assessments to come talk with the group about the need for services and available services.

- iii. Are there grants available to support adolescent chemical dependency work in our community?
 - 1. Who would be interested in partnering?
- c. Website: updating our website with all services available in our community, the providers, and how to make a first step to get services
- d. Funding important social services programs
- e. Promote mobile crisis program.
 - i. Continuation of community education,

The group discussed how to use the website to show children mental health providers in the community and how to engage in services.

- a. Michelle will work with staff at Clay County to develop the fillable form.
- b. Michelle will send to County staff who will put it up on social media.
- c. LAC members will send the form out to all their contacts to gather as many providers as possible.

Agency Reports/Consumer reports:

Clay County Social Services: hired 3 new children case managers and adding a fourth.

Solutions: hired a new therapist that works with Autism (Lindsey Mayor), now have 3 providers who specialize in Autism, hiring practitioners.

Friends of the Children: looking to hire a male friend.

Clay County Juvenile Probation: doing Girls in Real Life Situations group this summer. Happens 3 Tuesdays in June & 3 Tuesdays July. The group works on self-esteem, positive peer choices, community activities, etc. No referral needed, free to all, ages 13–17-year-olds, at Career Academy from 12-1:30pm. Summer Police Program registration is June 14th at the Career Academy. The group runs every Wednesday June 21 – 1st week of August and meets at the MB Johnson park. They can have up to 200 youth from ages 8-12. Free lunch provided.

Next Meeting:

Review forms submitted by community members for the website update.

Finish review of recommendations from the LAC report:

- a. Review 2023 LAC work plan (attached to board report)
- b. Update website with agencies and services offered in the community.
- c. Schedules spotlights on agencies/programs during meetings

We will NOT meet in July!

Next meeting is Thursday August 3rd at 8:30am in room 4