

Clay County Local Advisory Council for Children's Mental Health
Thursday September 7, 8:30 am – 10:00 am
Family Service Center 1st floor Room 2

"To promote an accessible, comprehensive and a unified children's mental health system within Clay County."

Members Present: Joni Medenwald, The Village; Michelle Thordal, Clay County Social Services; Lindsey Ternes, Clay County Probation; Michelle Mullikin, LMHC case management; Lacey Hubert, Clay County Social Services; Megan Hoyer, school counselor in Barnesville; Paul Krabbenhoft, Clay County Commissioner; Josh Swanson, Juvenile Center; Alex Menke, Restorative Practice Coordinator; Alyssa Lansing, LMHC case manager; Kara Baeth Dukart, PSJ Community Liaison; Haley Heinen, Friends of the Children; Heather Keeler, State Representative; Angie MSUM Graduate Student working with Representative Keeler; Barb Mohs, LMHC case management.
Minutes submitted by: Joni Medenwald

1. Introductions and One Good Thing!
2. Approval of June meeting minutes.
 - Motion: Paul
 - Second: Michelle
 - i. Motion passed.
3. Treasurer's Report: Fund balance: \$3,285.35
4. New Business:
 - Representative Heather Keeler
 - i. Rep Keeler shared an introduction of herself and some updates regarding her role.
 1. She has stepped back from the MN Indian Affairs Council to focus more on representing Moorhead at the state level.
 2. She is the Vice Chair of the Children and Families Committee which covers all areas of child welfare such as food insecurity, safe harbor, etc.
 - ii. She encouraged the group to reach out to her or Angie at any time to share any concerns or issues they would like to discuss.
 - Presentation: Kara Baeth Dukart for Prairie St. John's
 - i. Expansion went from 110 to 132 bed facility.
 - ii. Increased from 38 child and adolescent beds to 44 beds.
 - iii. Services:
 1. In-patient crisis stabilization (don't need to go through the emergency room, can go straight to PSJ)
 - a. 7–10-day average stay to stabilize
 - b. 2 child and adolescent psychiatrists on staff
 - c. Admitting criteria = harm to self or others
 - d. Typically see ages 6 and up but don't have a set age limit.
 2. Partial Hospitalization Program (PHP) aka day treatment
 - a. Have for both children/adolescents and adults.
 - b. 2–4-week program; from 8am – 1pm
 - c. Currently not providing an educational component during children's day treatment due to shortage of teachers & social workers.
 - d. Will assist with transportation to get kids to school after PHP.
 3. Intensive Outpatient Program (IOP)
 - a. Adults only – 5 mornings a week; dual track for both addiction and mental health
 - iv. PSJ has tried doing adolescent alcohol and drug services, but historically has not been able to sustain programming. PSJ continues to explore this area.

- v. Walk in medication management clinic 9am-3pm for all ages.
 - 1. Bring ID, insurance card, and list of medications.
 - vi. PSJ utilizes the Handle with Care strategy which focuses on verbal de-escalation, then safe holds, then medication assistance. No security on-site. PACE team specialize in de-escalation for the hospital, have a Care and Comfort room on each floor as required by the State.
 - vii. FirstLink does 24, 48 and 72 hour follow-up calls after patients are discharged.
 - Community resource page
 - i. The group discussed the audience we are targeting. Rep Keeler encouraged the group to make a page that can be accessed by consumers and professionals and to track data to bring forward to illustrate the community needs.
 - 1. Discussed if FirstLink already has services to meet this need.
 - a. Michelle will invite a representative from FirstLink to a LAC meeting to share about their services to ensure we are not duplicating existing resources.
 - 2. Haley shared Unite Us is an online tracking system that follows a person through the referral process.
 - 3. The group will review the form (*attached*) as it's currently developed with the intention of it being a resource for providers at this time and bring edits to the October meeting.
 - Other
 - i. The group continues to identify an unmet need in the F/M community is in-patient or out-patient adolescent substance abuse treatment programming.
 - ii. MN Bed Access site – shows facilities that have availability.
 - Next Meeting
 - i. Review/adopt work plan for 2023-2024 (*attached*)
 - 1. The group will review the workplan (*attached*) and bring edits/suggestions to the October meeting so we can finalize the plan.
5. Agency Reports/Consumer reports
- No time today.

Link to MN LAC Guidebook:

https://mn.gov/dhs/assets/lac-guidebook_tcm1053-386047.pdf