



# Health and Safety Resource List for Parents and Legal Nonlicensed Providers

This list is a supplement to [DHS-5192](#) Minnesota Child Care Assistance Programs Legal Nonlicensed Provider Registration and Acknowledgement, and [DHS-5367](#) Parent Acknowledgement When Choosing a Legal Nonlicensed Provider. For an electronic version of this document, go to [edocs.dhs.state.mn.us/lfserver/Public/DHS-5192A-ENG](http://edocs.dhs.state.mn.us/lfserver/Public/DHS-5192A-ENG)

## Preventing and controlling infectious diseases

- Healthy Kids are Everybody's Job: A Guide to Minnesota's Immunization Law for Child Care Providers and Early Childhood Programs [www.health.state.mn.us/immunize](http://www.health.state.mn.us/immunize)
- Infectious disease that must be reported to the Minnesota Department of Health [www.health.state.mn.us/divs/idepc/dtopics/reportable](http://www.health.state.mn.us/divs/idepc/dtopics/reportable)
- Teaching Hand Hygiene [www.health.state.mn.us/handhygiene/curricula/index.html](http://www.health.state.mn.us/handhygiene/curricula/index.html)
- Healthy Environments Lessons through the Virtual Lab School [www.virtuallabschool.org/infants-toddlers/healthy](http://www.virtuallabschool.org/infants-toddlers/healthy)
- Infectious Diseases in Childcare Settings and Schools Manual <http://www.health.state.mn.us/handhygiene/schools/daycaremanual.html>

## Preventing and responding to allergic reactions

- Food Allergies: Management and Prevention through Better Kid Care [extension.psu.edu/youth/betterkidcare/lessons/food-allergies-management-and-prevention](http://extension.psu.edu/youth/betterkidcare/lessons/food-allergies-management-and-prevention)
- Food Allergy Research & Education: Resources for Child Care Facilities [www.foodallergy.org/resources/child-care-facilities](http://www.foodallergy.org/resources/child-care-facilities)

## Preventing Sudden Unexpected Infant Death

- Sudden Unexpected Infant Deaths (Includes SIDS and Sleep-Related Infant Deaths) and Safe Sleep [www.health.state.mn.us/divs/cfh/program/infantmortality/suids.cfm](http://www.health.state.mn.us/divs/cfh/program/infantmortality/suids.cfm)
- Sudden Unexpected Infant Death training [http://www.dhs.state.mn.us/dhs16\\_188848](http://www.dhs.state.mn.us/dhs16_188848)
- What does a safe sleep environment look like? [www.nichd.nih.gov/sts/materials/Pages/default.aspx](http://www.nichd.nih.gov/sts/materials/Pages/default.aspx)

- Crib safety guidelines from the Consumer Product Safety Commission and recalls, 800-638-2772 [www.cpsc.gov/](http://www.cpsc.gov/)
- Reducing the Risk of SIDS in Early Education and Child Care free online course [shop.aap.org/Reducing-the-Risk-of-SIDS-in-Early-Education-and-Child-Care](http://shop.aap.org/Reducing-the-Risk-of-SIDS-in-Early-Education-and-Child-Care)

## Making your home safe for children

- Healthy Homes Minnesota [www.health.state.mn.us/topics/healthyhomes/index.html](http://www.health.state.mn.us/topics/healthyhomes/index.html)
- Providing Safe environments lessons through the Virtual Lab School [www.virtuallabschool.org/infants-toddlers/safe-environments](http://www.virtuallabschool.org/infants-toddlers/safe-environments)
- Your #1 Priority: Keeping Children Healthy and Safe through Better Kid Care [extension.psu.edu/youth/betterkidcare/lessons/your-1-priority-keeping-children-healthy-and-safe](http://extension.psu.edu/youth/betterkidcare/lessons/your-1-priority-keeping-children-healthy-and-safe)

## Preventing child abuse

- Resource Guide for Mandated Reporters of Child Maltreatment Concerns [edocs.dhs.state.mn.us/lfserver/Public/DHS-2917-Eng](http://edocs.dhs.state.mn.us/lfserver/Public/DHS-2917-Eng)
- Abusive Head Trauma training [http://www.dhs.state.mn.us/dhs16\\_188848](http://www.dhs.state.mn.us/dhs16_188848)
- Shaken Baby Syndrome (SBS) (also known as Abusive Head Trauma) [www.health.state.mn.us/divs/cfh/program/infantmortality/shakenbaby.cfm](http://www.health.state.mn.us/divs/cfh/program/infantmortality/shakenbaby.cfm)
- Minnesota Communities Caring for Children
  - [www.pcamn.org/](http://www.pcamn.org/)
  - 800-244-5373
  - [pcamn@pcamn.org](mailto:pcamn@pcamn.org)
- Preventing Child Abuse Lessons through the Virtual Lab School [www.virtuallabschool.org/infants-toddlers/child-abuse-prevention](http://www.virtuallabschool.org/infants-toddlers/child-abuse-prevention)
- Child abuse identification and reporting lessons through the Virtual Lab School [www.virtuallabschool.org/infants-toddlers/child-abuse-id-reporting](http://www.virtuallabschool.org/infants-toddlers/child-abuse-id-reporting)

## Administering medicine to children

- Medication Administration in Early Education and Child Care free online course [bit.ly/med-admin](http://bit.ly/med-admin)

## Transporting children safety

- Child Passenger Safety [dps.mn.gov/divisions/ots/child-passenger-safety/Pages/default.aspx](http://dps.mn.gov/divisions/ots/child-passenger-safety/Pages/default.aspx)

## Handling and storing hazardous materials

- Poison information for the home, 800-222-1222 for emergencies, 24 hours a day, 7 days a week. [www.mnpoison.org/](http://www.mnpoison.org/)
- Keep Children Healthy and Safe: Toxins through Better Kid Care [extension.psu.edu/youth/betterkidcare/lessons/keep-children-healthy-and-safe-toxins](http://extension.psu.edu/youth/betterkidcare/lessons/keep-children-healthy-and-safe-toxins)
- Standard precautions [www.health.state.mn.us/divs/idepc/dtopics/infectioncontrol/pre/standard.html](http://www.health.state.mn.us/divs/idepc/dtopics/infectioncontrol/pre/standard.html)

## Preparing and planning for emergencies

- Keeping Kids Safe: Your Home Child Care Emergency Plan [edocs.dhs.state.mn.us/lfserver/Legacy/DHS-5299-ENG](http://edocs.dhs.state.mn.us/lfserver/Legacy/DHS-5299-ENG)
- Natural Disasters and Severe Weather [www.health.state.mn.us/divs/eh/emergency/natural/index.html](http://www.health.state.mn.us/divs/eh/emergency/natural/index.html)
- Developing an Emergency Preparedness Plan through Better Kid Care [extension.psu.edu/youth/betterkidcare/lessons/developing-an-emergency-preparedness-plan](http://extension.psu.edu/youth/betterkidcare/lessons/developing-an-emergency-preparedness-plan)

## Health and nutrition resources

- The Children's Health Insurance Program and Medicaid. Call 800-657-3629.
- Child and Teen Checkups [www.health.state.mn.us/divs/cfh/program/ctc/families.cfm](http://www.health.state.mn.us/divs/cfh/program/ctc/families.cfm)
- Women, Infants and Children (WIC) Program. Call 800-942-4030 or visit [www.health.state.mn.us/wic/](http://www.health.state.mn.us/wic/)
- Supplemental Nutrition Assistance Program (SNAP). Contact local county or tribal human services agency or visit [mn.gov/dhs/people-we-serve/children-and-families/economic-assistance/food-nutrition/programs-and-services/supplemental-nutrition-assistance-program.jsp](http://mn.gov/dhs/people-we-serve/children-and-families/economic-assistance/food-nutrition/programs-and-services/supplemental-nutrition-assistance-program.jsp)

- USDA MyPlate [www.cnpp.usda.gov/MyPlate](http://www.cnpp.usda.gov/MyPlate)

## Early child development and school readiness

- Family Home Visiting Program [www.health.state.mn.us/fhv/](http://www.health.state.mn.us/fhv/)
- Head Start, Early Childhood Family Education, School Readiness and Early Childhood Screening [w20.education.state.mn.us/ELSSearch/search.do](http://w20.education.state.mn.us/ELSSearch/search.do)
- Help Me Grow [helpmegrowmn.org/](http://helpmegrowmn.org/) or 866-693-4769
- Getting School Ready! booklet from Thrive Washington [www.lovetalkplayshop.org/](http://www.lovetalkplayshop.org/)

## Other resources for families

- Greater Twin Cities United Way 2-1-1, 24 hours a day, 7 days a week. Dial 211, 800-543-7709 or go to [www.211.org/](http://www.211.org/)
- MinnesotaHelp.info [www.minnesotahelp.info/](http://www.minnesotahelp.info/)

## Other resources for providers

- Minnesota Department of Human Services Child Care Assistance Program Provider Guide [edocs.dhs.state.mn.us/lfserver/Public/DHS-5260-ENG](http://edocs.dhs.state.mn.us/lfserver/Public/DHS-5260-ENG)
- Tax help [www.helpmnsave.org/](http://www.helpmnsave.org/)
- Caring for our Children <http://cfoc.nrckids.org/>

## Training resources

- First aid and CPR training with the American Red Cross [www.redcross.org/take-a-class](http://www.redcross.org/take-a-class)
- Develop, the Minnesota Quality Improvement & Registry Tool [www.developoolmn.org](http://www.developoolmn.org)  
Child Care Aware of Minnesota, call 888-291-9811.

Attention. If you need free help interpreting this document, ask your worker or call the number below for your language.

ملاحظة: إذا أردت مساعدة مجانية لترجمة هذه الوثيقة، اطلب ذلك من مشرفك أو اتصل على الرقم 1-800-358-0377.

កំណត់សំគាល់ ។ បើអ្នកត្រូវការជំនួយក្នុងការបកប្រែឯកសារនេះដោយឥតគិតថ្លៃ សូមសួរអ្នកកាន់សំណុំរឿង របស់អ្នក ឬហៅទូរស័ព្ទមកលេខ 1-888-468-3787 ។

Pažnja. Ako vam treba besplatna pomoć za tumačenje ovog dokumenta, pitajte vašeg radnika ili nazovite 1-888-234-3785.

Thov ua twb zoo nyeem. Yog hais tias koj xav tau kev pab txhais lus rau tsab ntaub ntauv no pub dawb, ces nug koj tus neeg lis dej num los sis hu rau 1-888-486-8377.

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